

What is endometriosis?

Do you see female patients? Do they have painful periods? Pain pre or

Have you considered endometriosis?

What is endometriosis?

www.endometriosis-uk.org



Some quick facts and figures about endometriosis

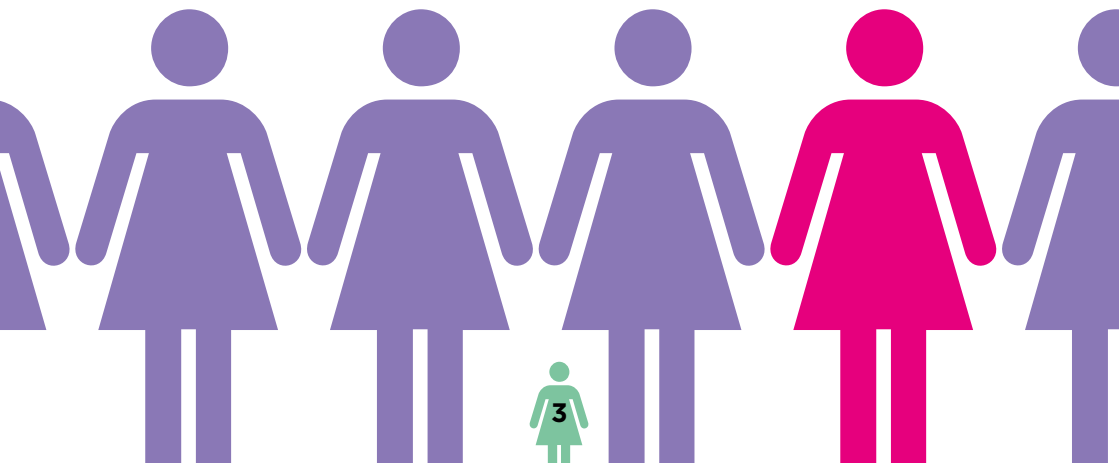
www.endometriosis-uk.org

- **One in 10**
- **10%**
176 million worldwide

1.5 million women

7.5 years

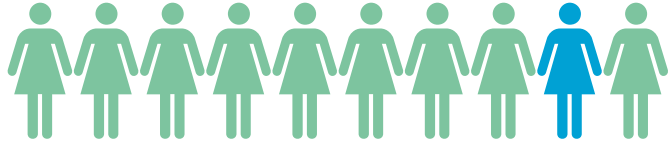
£8.2bn



Who may be affected?

What are the symptoms?

- painful periods



and pain

- depression
- a family history of endometriosis
- infertility

Care management in primary care

- **analgesics**

time of the period

- **oral hormonal treatments**

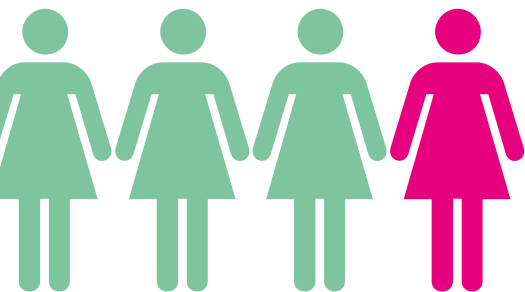
- **intra-uterine hormones**

When to refer?



Care in secondary care and endometriosis centres

www.bsge.org.uk



Further information and resources

Endometriosis: diagnosis and management NICE guideline
www.nice.org.uk/guidance/ng73

www.nice.org.uk/guidance/qs172

*The Role of the
Endometriosis Clinical Nurse Specialist in British Society for
Gynaecological Endoscopy Registered Centres*

www.endometriosis-uk.org

www.bsge.org.uk

www.rcog.org.uk

www.eshre.eu

www.endometriosis.ca

*Endometriosis: improving the wellbeing of couples – summary report and
recommendations* www.dmu.ac.uk/research

[http://cultureandcompassion.com/wp-content/
uploads/2015/04/Endometriosis-and-cultural-diversity.pdf](http://cultureandcompassion.com/wp-content/uploads/2015/04/Endometriosis-and-cultural-diversity.pdf)



Symptoms	Yes/ no	Notes
Painful periods		
movements		
Painful urination and/or		
pain		
Depression		
Family history of endometriosis		

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